

POST OPERATIVE CARE

PAROTIDECTOMY



A parotidectomy is a procedure in which the parotid gland is removed.

Parotid glands produce saliva and are located in your cheeks, just below the ears.

Prior to Surgery

- **The surgery coordinator will notify you of the pre-admissions appointment as well as any necessary testing**
- **The hospital will notify you of the medications you can take the morning of surgery**
- **Please refrain from taking any aspirin containing products two weeks prior to surgery**

The day before surgery:

The surgery coordinator will call you the day prior to surgery to give you your hospital check in time.

Please **do not** eat anything after 12AM the night before your surgery.

Clear liquids are allowed until up to 2 hours before the surgery time.

Once you are discharged home, prescriptions will be sent to your pharmacy.

These will include: antibiotics, pain medication, and nausea medication.

Coordinate someone to drive you home once you are discharged.

After Surgery

- The surgery coordinator will call you and go over any questions you may have as well as schedule a follow up appointment.
- The surgical site will include sutures and likely a drain that you will go home with. These will be removed in office a week after surgery.

Swelling is normal in the first three weeks after surgery. Soreness is normal during the first week after surgery.

- Follow a soft diet for the first week after surgery.
- Refrain from lifting anything over 10-15lbs after surgery.
- For biopsies: please allow 7-10 business days for results.
- Be sure to get plenty of rest! Plan to have a one - two week recovery and take off from work.
- Should you need paperwork for employers, notify our surgery coordinator.

Contact our office immediately if you experience the following: excessive swelling, bleeding or warmth over the incision site, fever greater than 101°, pain not relieved with pain medications or nausea/vomiting not relieved with medication.